



Medical Information for Americans Traveling Abroad

If an American citizen becomes seriously ill or injured abroad, a U. S. consular officer can assist in locating appropriate medical services and informing family or friends. If necessary, a consular officer can also assist in the transfer of funds from the United States. However, payment of hospital and other expenses is the responsibility of the traveler.

Before going abroad, learn what medical services your health insurance will cover overseas. If your health insurance policy provides coverage outside the United States, **REMEMBER** to carry both your insurance policy identity card as proof of such insurance and a claim form. Although many health insurance companies will pay "customary and reasonable" hospital costs abroad, very few will pay for your medical evacuation back to the United States. Medical evacuation can easily cost \$10,000 and up, depending on your location and medical condition.

THE SOCIAL SECURITY MEDICARE PROGRAM DOES NOT PROVIDE COVERAGE FOR HOSPITAL OR MEDICAL COSTS OUTSIDE THE U.S.A.

Senior citizens may wish to contact the American Association of Retired Persons for information about foreign medical care coverage with Medicare supplement plans.

To facilitate identification in case of an accident, complete the information page on the inside of your passport providing the name, address and telephone number of someone to be contacted in an emergency.

A traveler going abroad with any preexisting medical problems should carry a letter from the attending physician, describing the medical condition and any prescription medications, including the generic name of prescribed drugs. Any medications being carried overseas should be left in their original containers and be clearly labeled. Travelers should check with the foreign embassy of the country they are visiting to make sure any required medications are not considered to be illegal narcotics.

A listing of addresses and telephone numbers of U.S. embassies and consulates abroad is contained in *Key Officers of Foreign Service Posts*. This publication may be obtained through the Superintendent of Documents, U.S. Government Printing Office, Washington, DC 20402. Also available from the Government Printing Office is *Health Information for International Travel* by the Centers for Disease Control and Prevention (CDC). This contains a global rundown of disease and immunization advice and other health guidance, including risks in particular countries. The CDC maintains the

international travelers hotline at 1-877-FYI-TRIP (1-877-394-8747), an automated fax-back service at 1-888-CDC-FAXX (1-888-232-3299) and a home page on the Internet at <http://www.cdc.gov>.

For information about outbreaks of infectious diseases abroad, consult the World Health Organization's (WHO) web site at <http://www.who.int/en>. The WHO also provides travel health information at <http://www.who.int/ith>.

For detailed information on physicians abroad, the authoritative reference is *The Official ABMS Directory of Board Certified Medical Specialists* published for the American Board of Medical Specialists and its certifying member boards. This publication should be available in your local library. U.S. embassies and consulates abroad maintain lists of hospitals and physicians. Major credit card companies also can provide the names of local doctors and hospitals abroad.

Some countries require foreign visitors to have inoculations or medical tests before entering. Before traveling, check the latest entry requirements with the foreign embassy of the country to be visited.

Click [here](#) for Emergency Information

Click [here](#) for lists of Doctors/Hospitals abroad.

Click [here](#) for the SARS Notice.

Click [here](#) for the Avian Flu Fact Sheet.

Click [here](#) for Foot and Mouth Disease Fact Sheet

Click [here](#) for the Chemical/Biological Agents Fact Sheet

Click [here](#) for information on Responding to Radiological and Nuclear Incidents.

Click [here](#) for information from the Food and Drug Administration regarding filling U.S. prescriptions abroad.

[Centers for Disease Control and Prevention - General](#)

[Centers for Disease Control and Prevention - Traveler's Health](#)

[World Health Organization](#)

*Several private organizations will provide medical information and insurance for overseas travelers. Most charge a fee for this service. The following is provided **FOR INFORMATIONAL PURPOSES ONLY** and in no way constitutes an endorsement, expressed or implied, by the Department of State.*

AIR AMBULANCE / MED-EVAC

U.S.-based Companies

ABLE JET

Fort Pierce, FL
800-225-3538

ACADIAN AMBULANCE & AIR MED SERVICE, INC.

Lafayette, LA
800-259-3333

ADVANCED AIR AMBULANCE

Miami, FL
800-633-3590 / 305-232-7700

AIR AMBULANCE AMERICA

Austin, TX
800-222-3564 / 512-479-8000

AIRMD AIR AMBULANCE SERVICES

Clearwater, FL
800-282-6878 / 727-530-7972

AIRMED INTERNATIONAL LLC

Birmingham, AL 35242
800-356-2161 / 205-443-4880

AIR AMBULANCE CARD LLC

Birmingham, AL 35222
877-424-7663 / 205-297-0060

AIR AMBULANCE NETWORK

Sarasota, FL
800-327-1966

AIR AMBULANCE PROFESSIONALS

Fort Lauderdale, FL
800-752-4195 / 954-491-0555

AIR AMBULANCE SPECIALISTS, Inc

Englewood, CO
800-424-7060
info@AirAASI.com

AirEvac

Phoenix, AZ
800-421-6111

AIR MEDIC - AIR AMBULANCE OF AMERICA

Washington, PA
800-245-9987

AIRRescue INTERNATIONAL

Van Nuys, CA
800-922-4911 / 818-994-0911

AIR RESPONSE

Orlando, FL
800-631-6565 / 303-858-9967

AIR STAR INTERNATIONAL

Thermal, CA
877-570-0911 / 800-991-2869
e-mail: AirStar1@aol.com

AMERICAN AIR AMBULANCE

Cincinnati, OH
800-863-0312 / 941-536-2002

AMERICAN CARE, INC.

San Diego, CA
800-941-2582 / 619-486-8844

AMERICAN JET AIR MEDICAL

Houston, TX
888-I-FLY-AJI / 713-641-9700

CRITICAL AIR MEDICINE

San Diego, CA
800-247-8326 / 619-571-0482

CRITICAL CARE MEDFLIGHT

Lawrenceville, GA
800-426-6557

GLOBAL CARE / MEDPASS

Alpharetta, GA
800-860-1111

GLOBAL RESCUE

Boston, MA

800-381-9754 / 617-459-4200

email: help@globalrescue.com

Worldwide rescue and medical transportation to hospital of choice

INFLIGHT MEDICAL SERVICES INTERNATIONAL INC.

Naples, FL

800-432-4177 / 941-594-0800

INTERNATIONAL SOS ASSISTANCE

Philadelphia, PA

800-523-8930 / 215-244-1500

Also provides travel insurance services.

LifeFlight New Orleans

New Orleans, LA

800-942-0455 / 504-243-9800

e-mail: Info@NewOrleansJets.com

LIFE GUARD INTERNATIONAL, INC.

Las Vegas, NV

866-SKY-LIFE (866-759-5433)

e-mail: lifeguardinternational@msn.com

MedAire

Tempe, AZ

480-333-3700

e-mail: info@medaire.com

MED ESCORT INTERNATIONAL INC.

Allentown, PA

800-255-7182 / 610-791-3111

MEDEX ASSISTANCE CORPORATION

Baltimore, MD

888-MEDEX-00 / 800-537-2029

Also provides travel insurance services.

MEDJET ASSISTANCE

Birmingham, AL

800-963-3538

MEDWAY AIR AMBULANCE

Lawrenceville, GA

800-233-0655

MERCY MEDICAL AIRLIFT

Manassas, VA

800-296-1217

(Service area: Caribbean and part of Canada only. If necessary, will meet commercial incoming patients at JFK, Miami and other airports.)

NATIONAL AIR AMBULANCE

Ft. Lauderdale, FL

800-327-3710 / 305-525-5538

SMARTRAVEL

Alexandria, VA

800-730-3170 / 703-379-8645

Provides a range of travel medicine services.

Travel Assist Network

Austin, TX

866-500-0333

512-330-0306

www.TravelAssistNetwork.com

info@TravelAssistNetwork.com

Worldwide rescue and medical transportation to hospital of choice

TRAVEL CARE INTERNATIONAL, INC.

Eagle River, WI

800-524-7633 / 715-479-8881

TRAVELERS EMERGENCY NETWORK

Tierra Verde, FL

800-ASK-4-TEN

e-mail: ten@intrex.net

Foreign-based Companies

AEA INTERNATIONAL

Singapore

U.S. Phone: 800-468-5232

Service worldwide, also provides travel insurance services

AUSTRIAN AIR AMBULANCE

Vienna, Austria

43-1-40-144

EUROPASSISTANCE

Johannesburg, South Africa

27-11-315-3999

GERMAN AIR RESCUE (DRF)

Filderstadt, Germany

49-0711-7007-0

e-mail: alarmzentrale@drf.de

TYROL AIR AMBULANCE

Innsbruck, Austria

43-512-22422

TRAVEL INSURANCE COMPANIES

U.S.-based Companies

ACCESS AMERICA, INC.

Richmond, VA

866-807-3982

AIGAssist

American International Group, Inc.

New York, NY

800-382-6986

Air Rescue Card

Austin, TX

866-500-0333

512-330-0306

www.theAirRescueCard.com

info@TravelAssistNetwork.com

Worldwide rescue and medical transportation to hospital of choice

ASA, INC.

International Health Insurance

Phoenix, AZ

888-ASA-8288

AXA ASSISTANCE

Bethesda, MD

301-214-8200

CLEMENTS INTERNATIONAL

Washington, DC

800-872-0067 / 202-872-0060

<http://www.clements.com>

e-mail: info@clements.com

CSA TRAVEL PROTECTION

San Diego, CA

888-873-5484
<http://www.csatravelprotection.com>

GATEWAY
Seabury & Smith
Washington, DC
800-282-4495 / 202-457-7707
e-mail: gateway.dc@seabury.com

HEALTH CARE GLOBAL
(also known as MEDHELP or WALLACH & COMPANY or HEALTHCARE ABROAD)
Middleburg, VA
800-237-6615 / 540-687-3166

HIGHWAY TO HEALTH
Fairfax, VA
703-322-1515
(Also provides destination-based travel health information for cities worldwide.)

INTERNATIONAL MEDICAL GROUP (IMG)
Indianapolis, IN
800-628-4664 / 317-655-4500

MultiNational Underwriters, Inc.
Indianapolis, IN
800-605-2282
e-mail: insurance@mnu.com

MUTUAL OF OMAHA
Tele-Trip Company
Omaha, NE
800-228-9792

PETERSEN INTERNATIONAL UNDERWRITERS, INC.
Valencia, CA
800-345-8816
e-mail: piu@piu.org

TRAVELEX
Omaha, NE
800-228-9792

TRAVEL GUARD
Stevens Point, WI
800-826-1300/715-345-0505

TRAVEL BCISURED INTERNATIONAL

E. Hartford, CT
800-243-3174

TRAVEL INSURANCE SERVICES

InterMedical Division
Walnut Creek, CA
800-937-1387/925-932-1387

UNIVERSAL SERVICE AND ASSISTANCE

Alexandria, VA
800-770-9111 / 703-370-7800

WORLDWIDE ASSISTANCE

Washington, DC
800-777-8710 ext. 417

Foreign-based Companies

INTEGRA GLOBAL

Hallein, Austria
43-6245-71303
e-mail: info@integraglobal.com

EXECUTIVE MEDICAL SERVICES

AMERICAN MEDICAL CENTERS

Moscow, Russia
Offices in Moscow, St. Petersburg, Kiev, Prague, Warsaw, Istanbul
(7-095) 933-77-00 (Moscow)

DOCTOR ON CALL

817-255-4083
888-636-0711

HEALTH QUEST TRAVEL INC.

Wexford, PA
888-899-3633
e-mail: HQT@HealthQuestTravel.com

WORLD CLINIC

Burlington, MA
800-636-9186

MEDICAL ESCORT

AIR MEDICAL ESCORT SERVICES

1135 Kildare Farm Road

Suit 200

Cary, North Carolina 275111

1-866-302-0054